

# Essure Procedure

**Essure is a permanent birth control procedure that works with your body to create a natural barrier against pregnancy. This gentle procedure can be performed in a doctor's office in less than an hour.**

Trusted by women and doctors for over five years, Essure is covered by most insurance providers. If the Essure procedure is performed in a doctor's office, depending on your specific insurance plan, payment may be as low as a simple co-pay.

**Essure offers women what no birth control ever has:**

No cutting

No going under general anesthesia

No slowing down to recover

No hormones

No guessing – your doctor can confirm when you can rely on Essure for birth control

Short procedure time – Essure only takes about 13 minutes to perform

Trusted by women and doctors for over five years

**And you'll never have to worry about unplanned pregnancy again. The Essure procedure is permanent and is NOT reversible. Therefore, you should be sure you do not want children in the future.**

## About the Procedure

The Essure procedure does not require any cutting into the body. Instead, an Essure trained doctor inserts small flexible micro-inserts™ through the body's natural pathways (vagina, cervix, and uterus) and into your fallopian tubes. The procedure can be performed in the comfort of a doctor's office without general anesthesia, and most women resume their normal activities within one day.

During the 3 months following the procedure, your body and the micro-inserts work together to form a natural barrier that prevents sperm from reaching the egg. During this period, you must continue using another form of birth control (other than an IUD or IUS).

Three months after the Essure procedure, a doctor will perform an Essure Confirmation Test, to confirm that the tubes are fully blocked and that the women can rely on Essure for permanent birth control.

Unlike birth control pills, patches, rings, and some forms of IUDs, Essure does not contain hormones to interfere with your natural menstrual cycle. Your periods should more or less continue in their natural state. [Learn more about Essure at www.essure.com](http://www.essure.com)